



**October 1, 2026
COBRA MONTHLY RATES**

**Qualified Beneficiary Premiums
(102% of the Full Monthly Premium)**

BENEFIT AND CARRIER	Single Premium	Two-Party Premium	Family Premium
MEDICAL			
Blue Cross Blue Shield New Mexico			
High Option	\$1,251.56	\$2,380.17	\$3,179.00
Low Option	\$867.71	\$1,650.28	\$2,204.26
Presbyterian			
High Option	\$1,012.06	\$2,125.19	\$2,833.81
Low Option	\$701.80	\$1,473.53	\$1,964.82
DENTAL			
BlueCare Dental			
High Option	\$30.61	\$58.25	\$91.52
Low Option	\$15.34	\$29.17	\$45.76
Delta Dental			
High Option	\$30.96	\$58.92	\$92.56
Low Option	\$15.52	\$29.51	\$46.29
United Concordia			
High Option	\$34.78	\$66.18	\$103.97
Low Option	\$17.41	\$33.15	\$52.01
VISION			
Davis Vision Plan	\$6.59	\$11.02	\$14.85

9.95% increase on High and Low Medical Options

4% increase on Basic and Comprehensive Dental